
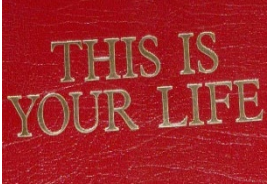












**Meadowside  
Monthly Leisure & Lifestyle  
Activities Programme & Important  
Days**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <b>1st of April</b>		<b>1st</b> <b>AM Hair Dressing</b>  <b>3:30pm-Gentlemen's Club in Garden Lounge</b>	<b>2nd</b>  <b>Activity with the care team on flats</b>	<b>3rd</b>  <b>GOOD FRIDAY 2026: THE DATE THAT CHANGES EVERYTHING</b>  <small>Every Cross, Full Hearts, Tendered Words.</small>	<b>4th</b>  <b>GOOD MORNING, HAPPY EASTER WEEKEND!</b>	<b>5th</b>  <b>Easter 2026</b> <small>April 6, 2026 Sunday</small>
<b>6th</b>  <b>HAPPY EASTER MONDAY</b>	<b>7th</b> <b>AM—Activity with the Care team</b> <b>3:30pm—Exercise &amp; Music—Garden Lounge</b>	<b>8th</b> <b>AM—Hair Dressing</b>  <b>3:30pm-One-to-One</b>	<b>9th</b> <b>11am-Coffee Morning</b>  <b>3:30pm-One-to-One</b>	<b>10th</b> <b>11:30am-Exercise with Lara in Garden Lounge</b>  <b>3:30pm-Art</b>	<b>11th</b>  <b>Activity with the care team on flats</b>	<b>12th</b>  <b>Happy Sunday</b>
<b>13th</b> <b>11:30am- "This is your life" with Cliff</b>  <b>3:30pm- "Knit-n-Natter"</b>	<b>14th</b> <b>11:30am-One-to-One</b>  <b>3:30pm-Exercise &amp; Music-Garden Lounge</b>	<b>15th</b> <b>AM--Hair Dressing</b>  <b>3:30pm-Games Afternoon</b>	<b>16th</b> <b>11:30am-Activity with care team</b>  <b>3:30pm—Celebrating Easter in Garden Lounge</b>	<b>17th</b> <b>11:30am-Resident's meeting in Garden Lounge</b>  <b>3:30pm-Art</b>	<b>18th</b>  <b>Activity with the care team on flats</b>	<b>19th</b>  <b>HAPPY SUNDAY</b>
<b>20th</b> <b>AM-Activity with the care team</b>  <b>3.30pm-Casino afternoon in Garden Lounge</b>	<b>21st</b> <b>11.30am-One-to-One</b>  <b>3.30pm-Exercise &amp; Music in Garden Lounge</b>	<b>22nd</b> <b>AM--Hair Dressing</b>  <b>PM—Activity with the care team on flats</b>	<b>23rd</b> <b>1pm-Lunch on flats</b>  <b>3:30pm-Entertainment with George</b>	<b>24th</b> <b>11:30am-Exercise With Lara in Garden lounge</b>  <b>PM—Activity with care team</b>	<b>25th</b>  <b>Activity with care team on flats</b>	<b>26th</b>  <b>HAPPY SUNDAY</b> <small>I have a beautiful sunday ahead</small>
<b>27th</b> <b>11am-Coffee Morning</b>  <b>3.30pm-Knit-n-Natter"</b>	<b>28th</b> <b>11.:30am—One-to-One</b>  <b>3.30pm-Exercise &amp; Music in Garden Lounge</b>	<b>29th</b> <b>AM--Hair Dressing</b>  <b>3.30pm-"Gentlemen's Club" in Garden Lounge</b>	<b>30th</b> <b>10:45am-Visit by local nursery</b>  <b>PM—Activity with the care team</b>		<b>It's St Georges Day 23rd April</b> 	 <b>Happy Sunday</b>

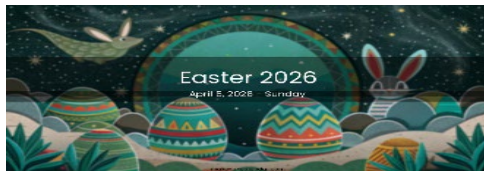
## HIGHLIGHTS OF THE MONTH



Wednesday 1<sup>st</sup> & 29<sup>th</sup> April at 3.30pm



Monday 13 April at 11:30am by Cliff Hern



Thursday 16<sup>th</sup> April at 3:30pm,  
Celebrating Easter



Monday 20 April at 3:30pm in Garden Lounge



Thursday 23<sup>rd</sup> April at 3:30pm-Entertainment



Thursday 30 April at 10.45am, visit by local nursery

## MONTHLY LEISURE & LIFESTYLE ACTIVITIES



Tuesday 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup> April at 3:30pm-  
Exercise and Music in the Garden Lounge.



Friday 17 April at 11:30am,  
Resident's Meeting



Coffee Mornings,  
Thursday 9 April at 11am  
Monday 27 April at 11am

Activities with the care team on flats



Catholic Service, Fridays 11.30 on flats



Visit by the Synagogue, once or twice a month on flats

Please see the Programme for more information



Your Leisure & Lifestyle Organiser continues to plan your Monthly Activities Programmes based on the things you enjoy and discussed in your monthly meetings.

This programme is for you to plan the activities you would like to participate in and would like your family or friends to join you in.

Activities and venue can be cancelled at short notice, to incorporate other activity or for any unforeseen circumstances.

You will be informed of any changes.

Outings will depend on availability of transport and the weather.

All residents are urged to participate in all or most activities offered, ultimately, participation is on voluntary basis and is the Resident's Choice.



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