

SAMPLE MENU

Breakfast

Cooked Breakfast
Selection of cereals and porridge
Toast and preserves
Yoghurts and fresh fruit
Tea, coffee and fruit juices

Lunch

Pasta Bolognese with garlic bread or
Spring onion frittata
Served with mashed potato or rice and mixed
vegetables
Apple crumble served with custard or Fruit cocktail

Evening meal

Homemade Cauliflower Soup
Selection of fresh sandwiches
Sausage roll, pizza, cold meats or scrambled egg on toast
Fresh Fruits

An alternative menu is also on offer for lighter meals All dietary requirements are catered for
This sample menu is representative of a
typical day