DELL FIELD COURT



Your Choice Barnet

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30th 11.30am Gentle Exercises						1st Family Time
2nd 11.30pm Gentle exercises 2.30pm Bonnie & Phil Pet therapist visit	3rd 11.30am Crafts Activity	4th 2.30pm Weekly Sparkle	5th Guy Fawkes night	6th Vibration Plate	7th 4.00pm Volunteers from Hare Krishna Temple Singing Damodar prayers	8th Family Time Games in the lounge
9th 11.30pm Gentle Exercises with staff	10th 10.00pm Hairdresser day 3.00pm Mrs Shah's Birthday	11th 11.00am Remembrance Day 12.30pm Diwali Party Entertainment & Buffet lunch	12th 11.30am Games in the lounge	13th Ask staff for Vibration plate Pedal bike	14th Family Time	15th Family Time
16th 11.30am Gentle Exercises Bonnie & Phil Pet therapist visit	17th 2.30pm Weekly Sparkle	18th 2.00pm Afternoon tea with Cllr Anne Hutton	19th 11.30am Arts & Crafts	20th 11.30am Ask staff for a Music on you tube	21st Family Time	22nd Family Time Games in the lounge
23rd 11.30am Gentle exercises	24th 10.00am Hairdresser day	25th 2.00pm Baking	26th 11.30am Christmas market with mulled wine	27th Pampering Day	28th Family time	29th Family Time

Highlights of last month

Baking event was a full house!

A special thanks to Neila & Vicky for making this happen!



The pony visit was so amazing super turn out for the event

Events for November

Diwali celebrations & Entertainment

11th November from 12.30pm



Christmas Market @ Dell field

Thursday 26th November

Mulled wine and stalls from 11.30am





Dell Field Court

Activity Schedule

Your activities team continues to develop your monthly programme based on the things you like doing. This schedule is for you to plan what you want to take part in and where your relations and friends can come in and help you get the most out of the activities. If there are activities that you feel are missing that you would like to take part in, then please talk to the team or any member of staff to let us know. We want to make your stay here at **Dell Field Court** is as pleasant as we can make it. In the meantime, have a look at this month's activities and highlight the things you would like to do.

Please note**,** we will try and stick to the schedule, but sometimes due to circumstances or residents not attending, or staff ratio we might change activities around to suit everyone's needs.